



IDEAS FOR VIRTUAL PARENTING TIME

When you are handed lemons 🍋 ... Make Lemonade 🍹

ACTIVITIES

- Daily check in (i.e. how are you feeling/what are you happy about today/what is your goal for the day)
- Funny “Would you Rather” question to break ice and make everyone laugh (many on pinterest/google)
- Cooking a meal together following the same directions
- Eating a meal together
- Play doh/Kinetic Sand (who can make the best T-Rex)
- Walk outside
- In home scavenger hunt
- Outside Scavenger hunt
- Watch a movie together through Netflix Party (download through chrome)
- Read a book
- Smithsonian Virtual Museum tours <https://naturalhistory.si.edu/visit/virtual-tour>
- Wonderscope Children’s Museum of Kansas City (Online FB live programs)
- Virtual Tours of National Parks <https://earth.google.com/web/@34.7325599,-94.20828246,249.12293376a,12000000d,35y,0h,0t,0r/data=Ci0SKxlgMzVhNjc1YmQ0NjVjMTFIOTg0Yjg1NTMyNWRjMDk2MzQiB3ZveV90b2M>
- Exercise
- Simon Says
- Red Light Green Light
- Animal Exercises <https://www.youtube.com/watch?v=26guG6wr5so>
- Cosmic Kids Yoga <https://www.youtube.com/user/CosmicKidsYoga>
- Kids Dance/Zumba
https://www.youtube.com/results?sp=mAEB&search_query=kids+dance+workout

GAMES

Word of the Day:

Locate a new word and discuss the definition, then see how many words you can make out of the letters from the word that day.

Word Ladder

Pick a category and choose a word from that category. Begin making the word chain using the last letter of the previous word without any repeat any words (i.e. Category: Animals- cat, toad, dog, goat, tiger...)

Battleship

Battle your opponent to sink their fleet. Example DIY board included.

Categories

Pick a category and name as many things that fit that category as you can, going down the letters of the alphabet. (i.e. Category: Song Titles, A: Amazing Grace, Abracadabra B: Bad, BINGO, and etc.

Word Scramble

Pick a category and identify a word in that category. Give your opponent the letters of your word all mixed up and see if they can guess what the word is. (i.e. Astrology: Pitejur=Jupiter)

Build a Snowman

Pick a category (clothing items) and write blank spaces for each letter of the word that coincides with the category. The opponent will name letters in an attempt to guess the word. If a letter is not part of the word, you begin to draw your snowman (3 snowballs, hat, eyes, arms, buttons, scarves, etc.). The goal is to guess the word correctly before the snowman is completed.

Rebus Puzzles

Work together to solve these picture puzzles! Parents GOOGLE Rebus Puzzles to find many options!

20 Questions

Pick a category then think of something that correlates with the category (superheroes/batman). Proceeded to ask the individual various yes and no questions in an attempt to figure out what the individual was thinking of. If the opponent is unable to guess correctly after 20 questions, they lose and it's their turn to make someone guess.

Pictionary

Take turns drawing and guessing various topics. Options are endless (i.e. animals, toys, fruit, movie titles, song titles, etc.).

Charades

Choose a player to start the game. The player thinks of a book title, a famous person's name, a saying, a movie title or a song title to pantomime. He should choose something with which the others will be familiar. If you like, designate a category like sports or Disney. The player then acts out the word or phrase he's chosen to the other players.

Here are some common clues used in charades:

- To indicate a book, pretend to read a book.
- To indicate a song, pretend to sing.
- To indicate a movie, pretend to crank an old movie camera.

- To indicate the number of words, hold up that many fingers. (Then hold up one finger before pantomiming the first word, two fingers before the second, and so on.)

TELL A STORY

The first player names five words. The task of the second is to make a meaningful sentence in which all these words would be used. You can use not only nouns but verbs and adjectives. Or make not one, but five related sentences with selected words. Then it turns out to be a mini-tale. Sometimes the stories come out very funny!

ADD – SUBTRACT

This is a math game. With its help, you can even train a child in math. Simply, at first, you need to make simple numbers, and then invent more complicated examples. The first player conceives the number. The second one suggests subtraction (or adding) another number. The first player names the final result, and the second must say what number was conceived.

ONLINE AND MULTIPLAYER GAMES

- YAHTZEE with Buddies
- Words with Friends
- Card Party-Fast Uno with Friends plus Buddies
- Dice with Buddies
- Angry Birds Friends
- Mario Kart Tour (add friends and race together)
- Pokemon GO (can add friends and search together)
- Boggle with Friends
- Ticket to Ride

