



The
Layne
Project, Inc.

Helping families transition as their family dynamics change.



IT TAKES A VILLAGE

With so many stressors coming at us daily, it's no surprise we get stuck in cycle of reactivity where we feel unsure or overwhelmed. Let's face it, regardless of whether you are single parent doing it alone, in a conflictual co-parenting relationship, or in a cooperative parenting relationship; parenting is hard.

In other cultures, and in our not too distant past, children were raised as much by their village as by their parents. Yet today we feel we must go at it alone, and to ask for help is to admit failure.

In all honesty, going at it alone only deprives our children of the opportunity for success. By nature, humans are tribal beings and not meant to tackle life by ourselves. We are forever evolving, growing, and learning, and being connected with a positive village can help us find our best self – physically and emotionally.

Co-parenting is not an innate skill. No one is born with it. No one has planned for it. And, we're not going sugar-coat it here... it takes hard work and commitment. As family dynamics change, the TLP tribe will help you pivot, reorganize, and transition while maintaining focus on your children. Or as we like to say...pause, breathe, focus, and smile.



When discord between co-parents arises, they often unintentionally lose sight of their child(ren). But, it doesn't have to be that way. Through our psycho-educational courses, therapy, coaching, and a myriad of other programs, The Layne Project coaches parents in the pause, trading judgment for curiosity, and seeing obstacles as opportunities. The TLP tribe supports parents in their journey to find their best parenting self, while ensuring the focus remains on their children.

Change is difficult for children, too. Despite the best efforts of their parents, children are by nature very egotistical and take responsibility and often blame themselves for family discord. The Layne Project offers psycho-educational groups and therapy to help children develop effective coping skills, feel all their feels, and build their resiliency.

The Layne Project understands the importance of having a strong family foundation. Through family therapy, family groups, and more, the TLP tribe prides itself on strengthening and building family cohesion as well as bolstering resilience.

Here's the deal. When our car needs repair, we go to a mechanic. When we want to lose weight, we join a fitness program. When we are in pain, we go to a doctor. So why is it when we need help within our family, we try DIY? There are so many other scenarios where we don't have a second thought about getting help, but in a time of family upheaval and stressors, we feel that if we ask for help, we are somehow branded with a badge of shame.

It takes courage to ask for help. At The Layne Project, you will be met with compassion, grace, and acknowledgement as you develop the tools and techniques to nurture and effectively transition your family to whatever new form it takes. **We invite you to be a part of the TLP Tribe.**



PROGRAMS

We offer four programs that help build family resilience, develop positive habits, and strengthen family cohesion.



PAUSE ---

STRENGTHENING FAMILY COHESION

As the world gets seemingly faster, it's more important than ever to remember the power of the Pause.

Students can achieve greater academic success if they learn in social emotional environment. It has nothing to do with the subject matter, and everything to do with helping children acquire and apply the skills to manage their emotions and achieve positive goals. Social emotional learning can make subjects like math and language arts more manageable for students.

Social emotional learning must also be reinforced outside of the classroom. To ensure our children meet their full potential parents must become more involved, and not just leave it to the school system. The Pause Program includes individual coaching sessions, monthly group sessions, and techniques in pausing busy lives to mindfully connect as a family.

By investing in the development of greater parental engagement, children will be able to think more creatively, collaboratively, and confidently; be responsible decision makers; and experience meaningful and healthy relationships.

The Pause Program provides the opportunity for coaching through uplifting and inspiring workshops and coaching sessions.



BeH2O ---

A CHILD FOCUSED JOINT PARENTING APPROACH

Parental conflict is like a fire that burns through the security, self-esteem and emotional health of our children. As one parent holds a match, the other approaches the situation with a can of gasoline and the fire they ignite can wreak havoc on the lives and wellbeing of their children for years.

In the BeH2O program, parents learn to develop effective communication skills and problem-solving strategies, so they are able to navigate disagreements in a productive and child-focused manner.

Children will feel a sense of relief and hope as well as a stronger sense of security as their parents work productively to solve problems and communicate regularly without the emotional charge.

This 16-week course meets weekly and concludes with the presentation of a parenting contract to the children.





KEYFRAME

PARENTS CREATING A RIPPLE EFFECT OF POSITIVE CHANGE

Parenting is hard. Adding a separation, multiple houses, and maybe even new relationships to the mix makes it even harder. We all know the old saying, "Kids don't come with a blueprint..." and neither do our feelings about parenting them. Separations and custody changes can often lead to feelings of guilt, confusion, and self-doubt...potentially impacting the parent and co-parent relationship.

Keyframe is a therapeutic group that aims to provide a safe and confidential place to address feelings about navigating the after-effects of a relationship change. Every week there will be a new topic to help parents process their feelings about the barriers they may face.

This program is for parents all along the spectrum...from those who have an amicable relationship with their co-parent to those who have an argumentative or hostile relationship with their co-parent to stepparents who struggle with their role in a challenging situation.

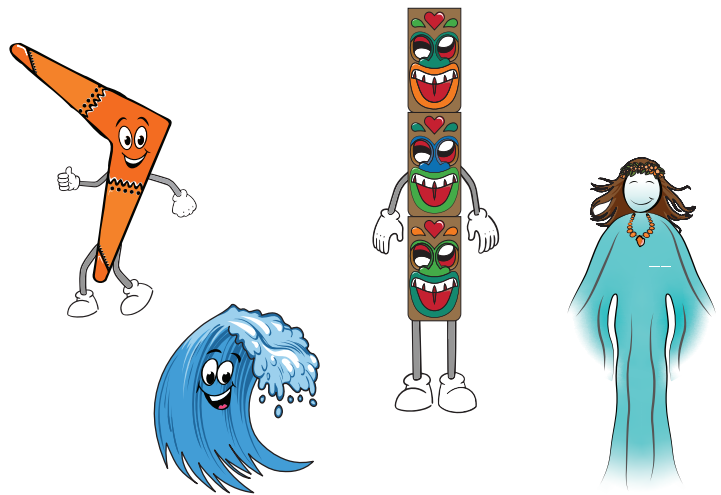


LOKAHI

A PSYCHO EDUCATIONAL SUPPORT GROUP FOR CHILDREN

Stuck, confused, forgotten, misunderstood...feelings children experience daily, yet go unnoticed. Our children are becoming far too skilled at suppressing their feelings, therefore sacrificing opportunities for lessons learned while they're rushed from one destination to the next.

Instead, we can teach our children to successfully surf the wave of their emotions. By building skills in compassion, communication, and self-awareness, we teach them how to foster healthy relationships with a sense of legitimacy and humanness.



Lokahi is a psycho-educational support group that meets once a week for 90 minutes and offers children the opportunity to practice collaborative problem solving and address day-to-day life challenges.



To learn more about our programs, contact The Layne Project today.
T 913-829-3711 | THELAYNEPROJECT.COM

SERVICES

In addition to our Programs, we also offer an array of services to help families transition as their family dynamics change. A full list of services can be found on our website at thelayneproject.com.

FACILITATING COOPERATIVE PARENTING

No one benefits from a long, drawn out custody battle, especially the child(ren). There are various alternatives to traditional litigation, which encourage amicable resolution of pending disputes while keeping the focus on your child(ren).

CASE MANAGEMENT

Case management is the process by which a neutral case manager appointed by the court, or through agreement by the parties, assists the co-parents by providing a procedure, other than mediation, which facilitates negotiation of a plan for child custody, residency, or parenting time. In the event that the parties are unable to reach an agreement, the case manager makes recommendations to the court.

PARENT COORDINATION

A Parenting Coordinator is neutral professional who assists parents in implementing safe and workable parenting plans. A parent coordinator can also provide education and coaching, and make recommendations regarding certain issues to the Court.

MEDIATION

Mediation is a process by which a neutral third party works with both parents to facilitate parenting agreements.

CO-PARENTING / DIVORCE COACHING

A Co-parenting / Divorce Coach helps parents gain conflict resolution skills, identify his/her contribution to conflict while increasing impulse control, and better understand the impact of parental conflict on their child's development.



CUSTODY EVALUATIONS & CONSULTATIONS

CHILD CUSTODY EVALUATIONS

Child Custody Evaluations address issues of custody and parenting time, and a formal report to the court. Child Custody Evaluations are completed by a master's level mental health professional or higher and include 25 - 35 hours of work.

LIMITED CUSTODY EVALUATIONS

Limited Custody Evaluations address specific issues as outlined by court order and include 10 - 15 hours of work. From start to finish Limited Custody Evaluations will be completed within six weeks.

CHILD CUSTODY CONSULTATIONS

A Child Custody Consultant assists you and your co-parent or legal team in making preliminary recommendations as to therapy, classes, or other support services to help you through custody proceedings. A Child Custody Consultant can help parents to clarify their children's needs and interests and separate those from their own needs and interests, returning the focus to their children, and creating a parenting plan that works best for their family.



SUPERVISED SERVICES

SUPERVISED PARENTING TIME

The Layne Project believes it is important that children are provided the opportunity to have a relationship with both of their parents. Supervised parenting time is often court ordered typically following serious allegations of abuse or neglect by a parent of the child(ren). During this session, a third party is responsible for observing and ensuring the safety of the child(ren).

MONITORED PARENTING TIME

With this service the supervisor will make at least one unannounced drop in during the parent's unsupervised parenting time.

MONITORED PHONE CONTACT

Monitored phone/Facetime contact is used to help maintain the relationship between the parent and child, and generally occurs hand in hand with our supervised parenting time services.

SUPERVISED EXCHANGES

Supervised Exchanges (SE) services provides families the opportunity to exchange their child(ren) without coming in contact with their co-parent.





THERAPY & THERAPEUTIC SERVICES

The Layne Project provides therapy to children, parents, and families. Having two homes does not always have to be a negative. Through our therapy services The Layne Project strives to help children more effectively cope with the stress that comes from having two homes and being victim to parental conflict.

Our therapists specialize in providing strength-based, solution-focused therapy and are trained in trauma-informed care, utilizing the following modalities and more:

- Co-Parenting Therapy
- Cognitive Behavioral Therapy
- Family Therapy
- Individual Therapy
- Motivational Interviewing
- Narrative Therapy
- Play Therapy



THERAPEUTIC SUPERVISED PARENTING TIME

Therapeutic Supervised Parenting Time (T-SPT) is available to families that require therapeutic intervention in order to have successful parenting time.

ASSESSMENT SERVICES

As a part of the Assessment for Services, The Layne Project Mental Health Professional will:

- Interview the child(ren), Mother and Father individually
- Obtain case history and discuss goals and needs for the family
- Review court documents, and mental health reports made available to us
- Generate report and submit to the Court outlining our recommendation for services

PARENTING ASSESSMENTS

There are many constructs to consider when determining a parent's ability and capacity to adapt their practices. The Parenting Assessment via a written report to the Court identifies in detail a parent's strengths and needs in the areas of development, attachment and relationships, interactions, roles parents play, and more.



For more information contact The Layne Project Inc.

313 NORTH CHESTNUT OLATHE, KS 66061

T 913-829-3711

E INFO@THELAYNEPROJECT.COM

THELAYNEPROJECT.COM

 [@THELAYNEPROJECT](https://www.facebook.com/THELAYNEPROJECT)

